

Specific itineraries of Project A *World Without Speciesist Violence*¹

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Translation by William McGrath

The antispeciesist project *A World Without Speciesist Violence* presents three specific itineraries articulated among themselves that allow for a progressive access to the goals of the [project](#). These are: 1) Speciesist Violence Studies (SVS); 2) Vegan Psychology (VP); 3) Wildlife Refuge called Rifugio Ca' Milla.

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1. To access the original Spanish version of this article please refer to: Kachanoski, R. (2025). Itinerarios específicos del Proyecto «Un Mundo Sin Violencia Especista». <https://doi.org/10.5281/zenodo.18852892>
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1. Speciesist Violence

Speciesist Violence Studies (SVS) is a specialized field dedicated to the study of *speciesist violence*.

The first itinerary is the start of a theoretical line that is indispensable as an introduction to the problem of speciesist violence, as well as a source of conceptual rigor and lexical precision. A robust theoretical framework with an in-depth, exhaustive approach to the problem of speciesist violence, from its own singularity and situating it in the context of social violences. Theorizing Speciesist Violence allows to liberate speciesist violence from its continuous ties, subordination and/or dependency to other close problematic issues, with which, nevertheless, it will remain in open dialogue and constant interaction.

SPECIESIST VIOLENCE³

Violence based on species or Speciesism.

2. Vegan Psychology

Vegan Psychology (VP) is an applied and professional specialized field of personal development specific to vegan persons.

3. Kachanoski, R. (2012). Speciesist Violence. Violence based on species or Speciesism [*Violencia Especista. La violencia por motivos de especie o Especismo*]. <https://www.violenciaespecista.org/>

With the term “Vegan Psychology”, I am defining a professional field specializing on specific personal development for vegan individuals. A unique privileged space for an extensive reflection on Veganism and its deep implications in the daily life of vegan persons. Vegan Psychology explores and analyzes the vicissitudes faced by vegan persons during their daily lives and in their healing processes from violent relations with the rest of Animals.

The itinerary is made up of two main axes that allowed me to establish Vegan Psychology as a profession:

1. The foundations of Vegan Psychology;
2. The Vegan Consulting Room.

VEGAN PSYCHOLOGY⁴

Personal development for vegan persons.

3. Ca’ Milla Wildlife Refuge

“Ca’ Milla” is a small natural wildlife retreat situated in the heart of the Veneto, in Italy.

The third and last itinerary presents a direct intervention on the territory in order to liberate a space with an anti-speciesist approach. The

4. Kachanoski, R. (2016). Vegan Psychology. Personal development for vegan persons [Psicología Vegana. Desarrollo personal para personas veganas]. <https://www.psicologiavegana.com/>

building up of a small wildlife woodland starting from zero, on empty, polluted and barren land, surrounded by a territory devastated by vineyards and monoculture dedicated to the fattening of animals who are victims of speciesist violence. It has now become a wildlife haven of liberty and liberation for Plants, Fungi and small wild Animals, both native and migratory.

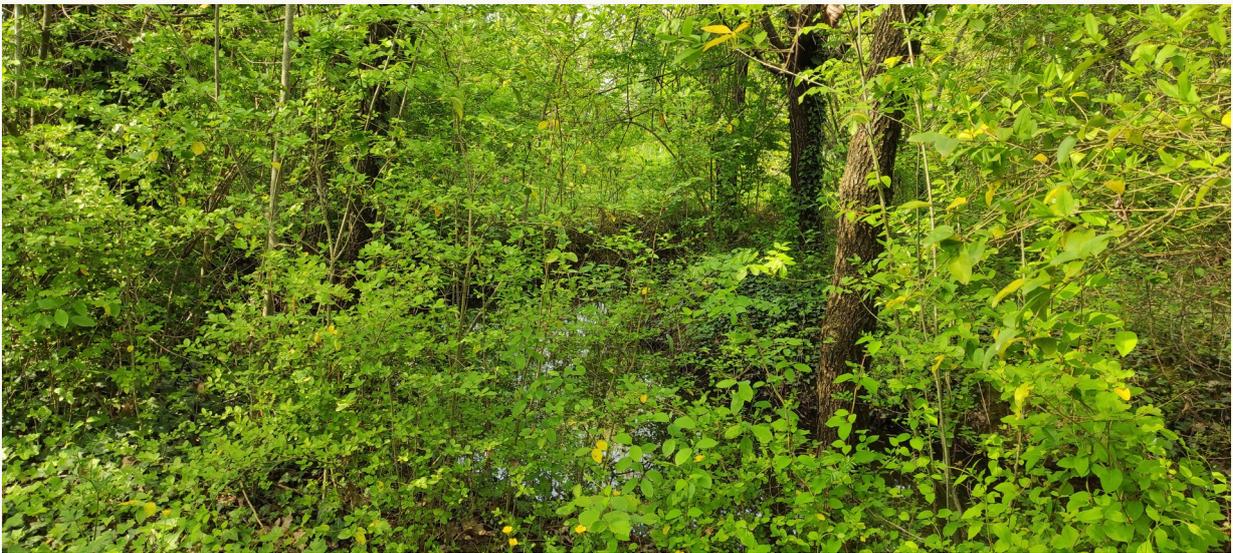


Figure 1. General view of Rifugio Ca' Milla during the spring of 2025.

RIFUGIO CA' MILLA⁵

A wildlife retreat in the midst of ecological devastation.

Romina Kachanoski

A world without Speciesist Violence

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5. Fragano, A. & Kachanoski, R. (2022). Rifugio Ca' Milla. A wildlife retreat in the midst of ecological devastation. [*Rifugio Ca' Milla. Un rifugio silvestre nel mezzo della devastazione ecologica*]. <https://rifugiocamilla.org/>

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